CREA COMMUNITY OF RESEARCH ON EXCELLENCE FOR ALL

Successful Dialogues in Mental Health (SDMH)

SDMH includes identifying and creating dialogues that have successfully contributed to improving mental health patients. The identification is made by analyzing scientifically the already existing practices in different parts of the world that contribute to the well-being and recovery of patients with mental health conditions.

In 1979, a new research perspective with co-creation and social impact was created in collaboration with health doctors from different specialties, the health center, professionals of social sciences, and citizens from diverse backgrounds. Now, this perspective is implemented in diverse parts of the world with a great social impact in improving the well-being and recovery of patients with mental health conditions. Although the positive role of some dialogues in improving the mental health of patients is very well-known by the scientific community and society for many decades before, with the concept of SDMH, the concrete kind of dialogues that make the most successful contributions to the mental health in any contexts are being identified.

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